

Dear Parents/Guardians,

Starting with the 2022-2023 school year, we utilized a new process to collect pre-participation physical evaluation forms as well as other required medical forms for sports. Collection dates have been set up in order to streamline the process of collecting medical forms. All medical forms **must** be turned in on a collection date. **Emails and faxes will no longer be accepted as a way to turn in medical forms for sports.**

Before turning in medical forms on a collection date, online registration must be completed. This is still the same process as in the past. You can find the link to register for sports as well as directions for how to complete the process by navigating to the High School website, clicking on the “Athletics” tab, and then clicking on “Athletic Online Registration/Physical Forms” on the left hand side of the webpage. Online registration for the **winter** season will open in **mid-October 2023**.

Valid physical dates for **Winter** sports 2023:

All winter sports: A physical done on or after 11/20/22 is valid

The following are collection dates for the upcoming **Winter** season:

Thursday, November 2nd: 3-6 pm

Wednesday, November 8th: 3-6 pm

Wednesday, November 15th: 3-6 pm

All collections will take place inside the Main Lobby doors of the High School.

Please have all physical findings including height, weight, pulse, blood pressure, and vision completed on the pre-participation evaluation form.

If a student has a physical on file in the nurse’s office and it is within the respective valid physical dates, then only the health history update questionnaire is required for medical clearance. This questionnaire is completed within the online registration packet. Any “yes” responses on the form may require additional follow-up and clearances.

If a student has an allergy, asthma, diabetes, etc. the proper documentation **MUST** be submitted with the pre-participation physical evaluation form in order to be eligible for medical clearance. These forms are required annually and can be found on the Athletics page as well as the Nurses Corner page off of the High School/District website. If a student has recently had an injury and was seen by a doctor, they must turn in an orthopedist clearance note. **Clearance will be withheld until all forms are received.**

Students who hand in forms AFTER the last collection date may experience a delay in clearance.

Please contact me if you have any questions or concerns.

Sincerely,

Jamie Hricay
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